

# SPORTS MALL SUMMER SWIM TEAM

# 2022



## COME SWIM WITH US!

Swimmers ages 6 and up participate each year for a fun and competitive swimming environment. Swim team is designed for those who want to compete and improve their technique and times. Our coaches work on teaching correct technique in all 4 strokes, swim skills like dives and turns, and improving endurance. Coaches emphasize sportsmanship and team spirit. Swimmers get a chance to compete in weekly swim meets as well as a Championship swim meet in August.

## FEES

Includes a team swim cap and all swim meet fees  
\$325 for Sports Mall Members for the Summer  
\$375 for Non-Sports Mall Members for the Summer

**Register:** [www.sportsmallgroup.com](http://www.sportsmallgroup.com)  
**Contact:** [swimcoachmark@gmail.com](mailto:swimcoachmark@gmail.com)

## SCHEDULE

Practices start June 6th; however, you can join any time after this date!

### Starting June 6th

Practices will be Monday thru Friday  
7:15 AM to 8:30 AM

Swim Meets will be Thursday afternoons!

## BRONZE DEVELOPMENTAL SWIM TEAM

Bronze team is an introduction to swim team. We will focus on teaching freestyle and backstroke while building strength/endurance up to 25 yards. Must be between 5-8 years old. Practice 2 days a week. You will participate in 1 to 2 swim meets!

## FEES — Limited spots available

Includes a team swim cap and swim meet fees  
\$250 Sports Mall Members for the summer  
\$300 Non-Sports Mall Members for the summer

**Register:** [www.sportsmallgroup.com](http://www.sportsmallgroup.com)

## SCHEDULE

Practices start June 6th  
Mondays and Wednesdays 11:15 AM – 12:15 PM



**SPORTS MALL**  
SWIM TEAM